There is no nourishment in Tea or Coffee but plenty in Cocoa, especially in Van Houten's which utilises in the highest possible degree all the flesh-forming elements while developing the flavor and aroma. Original Patentors.

This Cocoa solely used at the People's Palace.

METROPOLITAN HOSPITAL, KINGSLAND ROAD, E.

Fate—The Prince of Wales.

Chairman—John Fry, Esq.

H. M. Stanley, Esq.

The New building for 160 beds is now complete. The Hospital is conducted on Strictly Provident Principles.

The Charity has no endowment.

Funds urgently needed for furnishing, opening, and maintaining the new wards.

M. M. Byers, Secretary.

Dr. Rooke's Solar Elixir

In the new world of health restorer recorded in the history of medicine. It usually causes very marked cases of weakness and languor and is a manifest for symptoms any illness. Before it has a most remarkable effect on all nervous complaints, causes of brownish eruptions or melancholy. Sold in Bottles at 2s. 6d., 4s. 6d., and 11s. each.

Dr. Rooke, Scarbourough, England.

Birkbeck Bank, Southampton Buildings, Chancery Lane.

Established 1851.

Dr. Rooke's Orientals Pills

Recommended for Hyper tension, Hypertension, Indigestion, Rheumatism, etc. Sold in Bottles at 2s. 6d., 4s. 6d., and 11s. each.

Dr. Rooke, Scarbourough, England.

This Journal has a larger circulation than any other in the East End.
THE PALACE JOURNAL.

July 30, 1890.

MANNURING AND ELECTRICITY.

Advanced, and Class.—Ely, Fancy J., Emma Palmer, Benjamin J., William H., John A., John W., Henry W., Donald G., George E.

Elementary, 1st Class.—Bright, Alfred, Henry, Henry W., Donald G., George E.

Manning and Electricity.

Advanced, and Class.—Ely, Fancy J., Emma Palmer, Benjamin J., William H., John A., John W., Henry W., Donald G., George E.

Elementary, 1st Class.—Bright, Alfred, Henry, Henry W., Donald G., George E.

Practical Organic Chemistry.

Advanced, and.—Russell, E. H., Chapman, Ernest A.

Elementary, 1st Class.—Phillips, Henry W., John C.

Organic Chemistry.

Advanced, and.—Phillips, Henry W., John C.

Elementary, and.—Phillips, Henry W., John C.
SHORTHAND EXAMINATION

The examination for the degree of St. Andrew’s of the last evening of the course has resulted as follows:

SYNOPSIS OF THE EXAMINATION:


J. Green 7 40 50 min. 30 sec. Pass.
A. Green 7 40 50 min. 30 sec. Fail.
A. Giles 7 45 50 min. 30 sec. Fail.
J. Smith 8 20 50 min. 30 sec. Fail.
J. Brown 8 20 50 min. 30 sec. Fail.
J. Williams 8 20 50 min. 30 sec. Fail.
J. Robinson 8 20 50 min. 30 sec. Fail.
J. Patten 8 20 50 min. 30 sec. Fail.
J. Thompson 8 20 50 min. 30 sec. Fail.
J. Hughes 8 20 50 min. 30 sec. Fail.

The examiners were:- Sir W. Foster, LL.D., F.R.S., Professor of Shorthand; and Mr. F. W. Beatty, M.A., M.R.I.A., Professor of Latin.

Society and Club Notes.

NOTICE TO SUBSCRIBERS—Club announcements should be addressed to the Editor, and not to any person named as Secretary. It should be remembered that the first-day subscription to the London and Provincial Hockey Club, is due on the 1st of August. The annual subscription, which includes all visits during the season, is due on the 1st of January. The subscription for the season is now payable.

PEOPLE’S PALACE RAMBLING CLUB.

On Saturday last the Ramblers joined a picnic party connected with the London and Provincial Hockey Club, at Blackwell and London Bridge. The party consisted of 120 persons. The first appointment was to meet at the Cricketers, 11, St. James’s Street, at 11 a.m. The party then proceeded to Blackwell, and thence to London Bridge, where they remained until dinner-time. The dinner was at the Cricketers, and was followed by an amiable discourse. The party then proceeded to the Crystal Palace, where they were all presented with a button-box. We were then shown the gardens, which are most beautifully laid out, and have a splendid view from the top of the hill, from which we could see the Crystal Palace, and the surrounding country. We were next shown the gardens, which are most beautifully laid out, and have a splendid view from the top of the hill, from which we could see the Crystal Palace, and the surrounding country.

The Master of the Drapers’ Company and Mrs. Heywood had a number of prizes prepared for the Ramblers, and also favoured with the presence of Lady Rose Wiegall and friends, and Mr. and Mrs. Heywood, who accompanied the party. A number of prizes had been subscribed for by Lady Rose Wiegall, and the party was carried out with great success under the able management of Mr. Heywood.

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The party was conducted by Mr. Heywood, who, with his usual kindness and consideration, gave the Ramblers a most pleasant and instructive tour. The Master of the Drapers’ Company and Mrs. Heywood had a number of prizes prepared for the Ramblers, and also favoured with the presence of Lady Rose Wiegall and friends, and Mr. and Mrs. Heywood, who accompanied the party. A number of prizes had been subscribed for by Lady Rose Wiegall, and the party was carried out with great success under the able management of Mr. Heywood.
JULY 30, 1890.

THE PALACE JOURNAL.

I. MARCH
2. BANJO SELECTION—
3. VALSE
4. BANJO SELECTION—
5. OVERTURE
6. PROGRAMME
7. PROGRAMME
8. BANJO SELECTION—
9. PROGRAMME
10. PROGRAMME
11. PROGRAMME
12. MARCH

From Sandown we drove through the most delicious scenery in glorious sunshine, passing Shanklin, Luccombe, and Bonchurch, where, by the time we reached the village, we had seen many of the most quaint and picturesque spots, noted for the scarlet and white creeper on the walls of the old houses. Then we crossed the downs, and after a pleasant trip to Freshwater by one of the pleasure steamers, we had a bit rough on the shore to Shanklin all along the sand, and up the lovely beach past the shore. We had a good seat, and the sea was a lovely sight.

A WEEK is not a long time, but the first party who started to the island on Saturday, July 28, managed to see and do so much as was possible, and to enjoy themselves most thoroughly. No one need be afraid of the crossing, as it only takes a quarter of an hour, and the journey is very pleasant, as the steamer is very steady and comfortable. We have time all the way for a view of the scenery, and to talk of the island.

One of the chief charms of the island, is that trees, flowers, and grass grow down almost to the sea, so that besides the lovely view of the sea, we get the scent of wild flowers and grass combined.

The best walks are, I think, to Sandown by the cliffs, then to Newchurch and back, or to Ventnor and back, or to Shanklin and back, or to Bonchurch and back, or to Bembridge and back, or to Freshwater and back. One of the chief charms of the island is that trees, flowers, and grass grow down almost to the sea, so that besides the lovely view of the sea, we get the scent of wild flowers and grass combined.

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The Shah of Persia as an Author.

One of the literary works of Shah is that it is all well known. It is a work of Maktai’s, a Translation of this by Mr. J. W. Thompson. He has been published in London in 1874 by John Murray, under the title, “The Diary of H.M. the Shah of Persia during His Visit to Europe.”

Four other volumes of the series have appeared in Persia, India, and Turkey, but these have not yet been translated into English. The first deals with “A Journey through the Province of Gilan,” the second with the Shah’s visit to the Holy City of Najaf and Baghdad—both with the Shah’s first travels in Europe in 1871; the fourth, with the Shah’s journey to India and to Australia in 1872, and the fifth, with the Shah’s second visit to Europe in 1873.

These volumes are written in Persian and are quite equal to those of Sadi, Hafiz, or Djami. The Shah’s literary performances, and the whole of the Shah’s literary performances. He has dictated to one of his secretaries, Chockim-el-Mekalik, an account of a journey through the Province of Khurasan; and he has written two geographical papers on the subject of a lake which has in recent years appeared between Tehran and Koom. Translations of both of these have been made for the Royal Geographical Society by Mr. J. W. Thompson.

The first, second, and fourth volumes are the most valuable of the series. In the writing of affairs and manners of his own dominions, the Shah writes with a knowledge which he can scarcely be said to display when he writes of the customs of the West. The records of his Persian state should, indeed, be extensively serviceable to future historians, antiquarians, and ethnographers. Yet these volumes are hardly equal to those they have been compared with.

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According to a recent writer, Edison's laboratory is a model of arrangement. The thousands of pigeon holes and drawers contain dias, feathers, and the most minuscule bits of equipage. Boxes and trunks of all sorts of creatures, minerals, herbs, drugs, fruits, and gams for bewildered exams. Some of the specimens are so rare that they are kept, like diamonds, in little folded papers.

The grotesque nature of some of the materials there collected provided the writer with the idea that he would like to tell what a mouth of the language. "For instance, my ancestors were knights; the Smith family were blacksmiths and so forth. I think it's the best way to tell what a mouth of the language was born in, I will very much better understand."

"Ah, that question showed that you don't know what a mouth of language was."

"No, I don't, because his name was Hogg!"

"Well, that's all right to".

"No, he didn't, because his name was Hogg!"

"Well, no, he didn't, because his name was Hogg!"

"But was always after me."

"Always murmured—'After you!'"

"He would murmur—'After you!'"

"Maybe 'tis a passing whim, but was always after me."

"And now I am after him."

"(alarmed): 'Emily, there seems to be smoke in the house.'"

"Time Table of Classes.

For the Summer Term, commencing July 7th, and ending September 28th, 1900.

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Fee for July and September, 6/.-

CLASS B—TUESDAYS, 6.30 to 9.45 p.m.

This Class is suitable for Boy Clerks and those beginning to study for Male and Female Telegraph Learners, Female Sorters, and Boy Copyists.

SUBJECTS—Handwriting, Dictation, Copying Tabular Statements, Orthography, Copying MS., Composition, Arithmetic (Addition, Vulgar and Decimal Fractions, Square and Cube Roots, Practice and Interest, General Geography, and Map Reading).

Fee for July and September, 7/-.

CLASS C—TUESDAYS, 8.45 to 9.45 p.m.

This Class is suitable for Candidates for Exams, Female Clerks, and Lower Division Clerks.

SUBJECTS—Copy Tabular Statements, Dictation, Geography and Map Reading, Copying MS., Composition and Copying MS., with Class II, Arithmetic (Percentages, Stacks, Alligation, Special Gravity, Deductions), Notation, Application of Square and Cube Roots, Difficult Problems, Logarithms, Theory, History, Indexing, Digesting Returns into Summaries.

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Pianoforte Makers

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12 Guineas—Iron frame, check action,
seven octaves, Broadway walnut and gold case and
seats; warranted for 10 years; the cheapest in
strument ever offered to the public. Other classes
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London's Great Health Resort, only half-hour from the City.

The Hotel is charmingly situated in the Forest close to
QUEEN ELIZABETH'S HUNTING LODGE, THE CONNAUGHT WATERS,
and THE GREEN RIDE. It is the key to all the principal places of interest in the Forest, including the BRITISH AND ROMAN ENCAMPMENTS of Bed ford and Stowmarket.

There are many delightful and interesting drives through the Forest, and the fine roads are open to horse-drawn traffic.

The Hotel has special attractions in the Forest during all seasons of the year—Night drives and other odes around.

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Will Dine from 600 to 700 persons, and with the Corporation, Hangers, and Senior Halls, forms an Elegant Suite.

Unrivaled Accommodation for Dinners and Festivals, Balls, School Treats,
BICYCLE, GYMNASTIC, CRICKET, RAMBLING & OTHER CLUBS.

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Agent for the Star Life Assurance Society & Railway Passengers Assurance Co.